

Important Information concerning your whole Body Plus Check

- **Do not** eat anything for 3 hours before the examination
- **Do not** smoke anything for 3 hours before the examination
- Provided your cardiologist agrees, you should discontinue your heart medication.
- If you suffer from thyroid disease or take drugs for your thyroid glands, please inform us of this in advance.
- If you take metformin-containing (antidiabetic) drugs, then you have to discontinue application 2 days before your preventive checkup, and only continue taking them on the third day after the checkup.
- If you suffer from renal dysfunction, we require your current creatinine values.
- **24 hours before the examination:**

no coffee
no cocoa / hot chocolate
no tea
no energy drinks (Red Bull, Coca Cola etc.)
no chocolate
⇒ otherwise the examination cannot take place!

- Other beverages are permitted!
- Your capacity to drive will **not** be inhibited by the examination!